

Montana 21st CCLC Food Cost Guidelines

One of the Federal grant requirements of the 21st CCLC programs is providing daily, nutritious snacks. To ensure programs are in compliance with Federal guidelines, the following information is provided.

AFTER SCHOOL SNACKS

The 21st CCLC grant is not designed to fund all anticipated program costs. All programs should pursue opportunities to access other funding sources to cover food costs/after school snacks such as:

National School Lunch Program-After School Snacks Summer Food Service Program Child and Adult Care Food Program Local Food Banks

Programs are encouraged to contact their Food/Nutrition Department to determine if they are able to obtain healthy snacksfrom the National School Lunch Program. Documentation of this should be maintained with programs records including the date, person contacted and final resolution.

If snacks cannot be provided by the school's nutrition program and/or local food bank, programs should work to ensure the 21st CCLC program can purchase nutritional snacks that are reasonable and appropriate in cost.

Dietary Restrictions/Food Allergies

Programs should maintain appropriate snacks to address students that have disclosed dietary restrictions and/or food allergies. Due to the health risk posed with either situation, the purchase of a reasonable amount of snacks to address these criteria could be maintained and paid with 21st CCLC funds.

FIELD TRIPS

NEW REQUIRMENT EFFECTIVE 7/1/19: For <u>ALL</u> field trips that take place after July 1, 2019, a field trip form must be completed and submitted to MT OPI for prior approval.

Day Field Trip Food Costs

In providing food for day field trips, programs should partner with the school's food /nutrition department and/or other funding sources. If partnering with the school's food/nutrition department or other funding sources is not an option, 21st CCLC funds can be used to pay for a student lunch that is reasonable and appropriate in cost and falls within USDA nutritional guidelines.

If parent chaperone and staff food costs cannot be covered by other funding sources, these costs should be outlined on the *Field Trip Approval Form*.





Overnight Field Trips

Food associated with overnight stays must be reasonable and appropriate in cost and follow nutritional guidelines established by the USDA. Field trip forms must be submitted to the OPI with <u>all costs</u> associated with the trip and must receive prior approval from the OPI 21st CCLC Program Manager. Food costs must be clearly addressed on the *Field Trip Approval Form*.

If parent chaperone and staff food costs cannot be covered by other funding sources, these costs should be outlined on the *Field Trip Approval Form*.

When a program enters into a contract for a field trip (i.e: College visits for an overnight wherefood is included in the total cost) the food costs are allowed provided they follow the rules outlined above (reasonable and nutritious). In this case, staff and parent/chaperones food costs would be included and are allowed.

Out of State Field Trips

Out of state field trips are allowed when the program is located where field trips would require them to travel out of state. An example would be a program close to the Idaho, North Dakota, or Wyoming border could provide rationale for the out of state field trip due to limited resources in the area.

Out of state field trips must follow the same requirements regarding food costs as overnight field trips, requiring prior approval via the *Field Trip Approval Form*.

PROGRAMMING

Cooking Classes

Food costs associated with culinary classes offered by the 21st CCLC program are allowed. The costs must be reasonable and a requirement of the class curriculum which was part of the approved application and/or submitted to the OPI for prior approval. Clear documentation must be maintained that aligns the cooking class with approved project goals and performance measures. All courses involving food costs that were not part of the approved application/budget must receive prior approval by the OPI Program Manager.

Cooking classes should limit the portion size per participant. If a student is unable to enjoy the finished food created, it is recommended that the class have appropriate containers that would allow the student to transport the food home.

Parent and Family Activities

Food costs associated with parent and family activities can be covered as long as the food cost is reasonable and appropriate and the students are directly involved in an activity that directly aligned with the performance measures, goals and activities outlined in the grant application. It is important to note, fully catered meals are not considered a reasonable and appropriate cost. The food provided at parent and family activities can be provided to staff working the event.

Staff Professional Development

Food costs associated with staff professional development are not covered by the grant.

